



ZAUMS Curriculum Vita

<i>Personal information</i>	
<p>Fist name : Mahnaz</p> <p>surname: Ghaljeh</p> <p>Address: School of Nursing & Midwifery, Mashahir square, Zahedan, Iran.</p> <p>Telephone: +98-5433442481</p> <p>Cell phone: +989155419970</p> <p>Fax: +98-5433442481</p> <p>E-mail: ghaljeh.m@gmail.com</p> <p>Nationality: Iranian</p> <p>Data of birth: 1971-09-19</p> <p>Gender: female</p> <p>Marital status: married</p>	
<i>Occupational field</i>	<i>Research Interest</i>
<ul style="list-style-type: none"> ✓ Education ✓ Nursing Education ✓ Nursing and Midwifery Managment 	<ul style="list-style-type: none"> ✓ Qualitative research (content analysis , phenomenology) ✓ Clinical Education, Nursing Ethics ✓ Nursing managment ✓ End of life caret, Palliative care ✓ Development and validation Scale
<i>Education and training</i>	<i>Thesis</i>
<p>2012- 2016 PhD of Nursing, kerman University of Medical Sciences- Iran.</p> <p>1998- 2001 MSc Degree in Nursing Education (Nursing and Midwifery Managment) Mashhad University of Medical Sciences- Iran</p> <p>1991-1993 BSc Degree in nursing, Zahedan University of Medical Sciences. Iran</p>	<p>Development and validation of Oncology Nurses' perception of End of Life Care Scale.</p> <p>The Relationship between Nursing Competency and Patients Satisfaction from Nursing Service in Educational Hospitals.</p>

<i>International conferences / seminars</i>	
<p>1. Ghaljeh Mahnaz. Intensive Care unit Standards (Fourth International Congress on Intensive Care. Tehran.1999.</p> <p>2. Zahra Imani, Ghaljeh Mahnaz A Survey of Nurses' Perspectives on the Application of Learning Organization Principles (Fifth International Conference on Psychology, Educational Sciences and Lifestyle).2018</p>	<p>3. Ghaljeh Mahnaz. Nursing Ethics in the Intensive Care unit (Fourth International Congress on Intensive Care. Tehran.1999</p>
<i>National conferences / seminars</i>	
<p>1. Ghaljeh Mahnaz, Elyas Arbabi, Ahmad Raeise, Abbas Baluche. Investigating the Relationship between Quality of Life and Internet Addiction in Zahedan Medical Students (5th National Addiction Congress). Zahedan.2011.</p> <p>2. Nasrin Rezaee, Ghaljeh Mahnaz Epilepsy control in children and adolescents (8th Nursing Conference on Childhood Nerves. Mashhds, 2008.</p> <p>3. Ghaljeh Mahnaz, Zahra Khadem. Emergency and life-tracking devices (emergency triage conference in emergencies). Zahedan. 2005.</p>	<p>4.Yaghoubinia Fariba, Ghaljeh Mahnaz. The relationship between obesity and premenstrual syndrome in students in Zahedan University of Medical sciences. The national congress of obesity and related diseases, Shiraz, Presented as poster, December 2006.</p> <p>5. Yaghoubinia Fariba, Ghaljeh Mahnaz. Study of prevalence of PMS in students in zahedan University of Medical Sciences, The first national Iranian congress of Gynecologists, midwifery and Infertility, The branch of Khorasan, Mashhad, August 2006.</p>
<i>National publications / articles</i>	
<p>1. Ghaljeh M, Rezaee N, MardaniHamoooleh M, Ghasemi, R. Postpartum depression and some related factors .2013; Vol 1, No 1</p> <p>2- GhaljehM, Zakeri Z, Rezaee N , Abedzadeh R. Physicians and nurses awareness and function about patients right charter in Zahedan. ijme 2010, 3 - Vol 3, Supplement 2, 2010: 69-75</p> <p>3.Rezaee N, Ghaljeh M. Social Support among Nurses at Iran University of Medical Sciences. hayat 2009, 14(4 and 3): 91-100.</p> <p>4.Ghaljeh M, Rezaee N. Experiences of Nurses about End-of-life Care for Cancer Patients in Iran: A Qualitative Study. IJN. 2018; 31 (114) :65-75.</p> <p>5.Ghaljaei F, Naderifar M, Ghaljeh M. Comparison of general health status and sleep quality between nurses with fixed working shifts and nurses with rotating working shifts. Zahedan Journal of Research in Medical Sciences. 2011;13(1):47-51</p>	<p>6.Rezaee N, Ghaljeh M, Ghaljaee F. Awareness of Patient Rights Charter In Nurses and Physicians of Zahedan University of Medical Sciences in 2009.</p> <p>7.Ghaljaei F, Nadrifar M, Ghaljeh M. Prevalence of malnutrition among 1-36 month old children hospitalized at Imam Ali Hospital in Zahedan. Iran Journal of Nursing.2009;22(59):8-15.</p> <p>8. Ghaljeh M, Ghaljaei F, Mazloom A. Correlation between nurses clinical competency and patients satisfaction with nursing services. Journal of Shahid Beheshti nursing school. 2008:63(18):12-20</p> <p>9 . Ali Navidian, Ebrahim Ebrahimi Tabas, Hamed Sarani, Mahnaz Ghaljeh, Fariba Yaghoubinia. Prevalence of iron deficiency anemia in pregnant women referring to health centers in Zahedan. Reproduction and Infertility Quarterly 2006: 132-138.</p>

<p>10. Zarif Kar Assadollah, Karami Khairabad Ijtihadi, Rastegar Karim, Ghaljeh Mahnaz. Evaluation of analgesic effect of galbanum (Barijeh resin aloe vera) by formalin test in mice. Armaghan of knowledge.2007;12(1):19-29</p> <p>11. Ghaljeh M, Dasturpour M, Ghasemi A. Relationship between the quality of nursing care and patient satisfaction in hospitals affiliated to Zahedan University of Medical Sciences in 2013. Jorjani Biomedicine Journal. 2015 May 10; 3 (1): 68-81</p> <p>12. Sedghi T, Ghaljeh M. [Effect of auditory and tactile stimulation by family members on the level of consciousness in comatose patients: A quasi-experimental study]. Hayat, Journal of School of Nursing and Midwifery, Tehran University of Medical Sciences. 2021; 26(4): 357-370.</p> <p>13. Ghaljeh M, Khanjani N, Sajjadi M, Latifi M Dasturpour M. A survey of knowledge of the Charter of Patients' Rights and its observance from the perspective of patients referred to hospitals under the auspices of Zahedan University of Medical Sciences. Journal of North Khorasan University of Medical Sciences. 2016 Jan 10; 7 (3): 657-68</p>	<p>14. Rezaee N, Poyamoghadam S, Navidian A, Ghaljeh M. Comparing quality of life therapy and a psychoeducational intervention on burden of family caregivers of patients with severe mental illness. Payesh (Health Monitor).2020;20(1):71-81</p> <p>15. Bampouri S, Ghaljeh M, Navidiyan A. The Effect of Time Management Training on Stress and Burnout of Nurses in Educational Hospitals of Zahedan University of Medical Sciences 2018. Sadra Med Sci J 2019; 7(4): 401-412.</p> <p>16. Mehdi Rezaei Nejad, Mahnaz Ghaljeh, Alia Jalalodini, Ali Navidian. The Effectiveness of the Self- care Education Programs on the Quality of Life in School Age Children with Nephrotic Syndrome: A Quasi- Experimental Study. Iranian Journal of Pediatric Nursing (JPEN) 2021; 7(4):84-94.</p> <p>17. Hezaveh Z, Seyedfatemi N, Mardani-Hamoooleh M, Haghani SH Ghaljeh M. The effect of resilience training program on job burnout among nurses: a quasi-experimental study. Iran Journal of Nursing. 2021 Apr;34(129).</p>
International publications / articles	
<p>1. Rezaee N, Ghaljeh M, Salar A. Barriers to Providing High-Quality Nursing Care in Intensive Care Units: A Qualitative Study, Med Surg Nurs J. 2020 ; 9(3):e110265. doi: 10.5812/msnj.110265.</p> <p>2. Ghaljeh M. khazae Z. Jaladini A. RezaeeN. Naderi A. (2013). Relationship between the quality of nurses clinical skills and patients satisfaction. European journal of scientific research.97 (1), 57-64.</p> <p>3. Arbabisarjou A, Ghaljeh M . The effect of vitagnus on treatment of hot flash in menopause. Life Science Journal. 2013;10(1).</p> <p>4. Jalalodini A, Nourian M, Saatchi K, Kavousi A, Ghaljeh M. The effectiveness of slow-stroke back massage on hospitalization anxiety and physiological parameters in school-age children: a randomized clinical trial study. Iranian Red Crescent Medical Journal. 2016 Nov;18(11).</p>	<p>5. Ghaljeh M, Rezaee N, Imani gogharyI Z, Rafat F. End of Life Holistic Care for Cancer Patients: A Qualitative Study. Journal of Clinical & Diagnostic Research. 2019 Aug 1;13(8).</p> <p>6. Samira Sadate Moazeni, Mahnaz Ghaljeh and Ali Navidian. The Effect of Pulmonary Rehabilitation on Fatigue and Quality of Life in Patients with Chronic Obstructive Pulmonary Disease: A Quasi-Experimental Study. Med Surg Nurs J. 2020 February; 9(1):e103899.</p> <p>7. Mahnaz Ghaljeh, Nahid Dehghan Nayeri, Sedigheh Iranmanesh, Batool Targari. Nurses' attitudes towards the caring of dying patient and its relationship with their demographic characteristics. Journal of General Internal Medicine.</p>

<p>8. Rezaee N, Mardani-Hamooleh M, Ghaljeh M. Ethical Challenges in Cancer Care: A Qualitative Analysis of Nurses' Perceptions. Research and theory for nursing practice. 2019 May 23;33(2):169-82.</p> <p>9. Imani-Goghary Z, Ghaljeh M. The experience of family caregivers caring for a patient with chronic disorders of consciousness: a qualitative content analysis. International Journal of Palliative Nursing. 2020 Aug 2;26(6):301-9.</p> <p>10. Rafati F, Ghaljeh M, Mashayekhi F, Pilevarzadeh M. The facilitators and barriers in coping with clinical stress: the experiences of nursing students in Iran. Prensa Medica .Argentina. 2018;104(6).</p> <p>11. Rezaei Nejad M, Jalalodini A, Ghaljeh M, Navidian A, Sadeghi-Bojd S. The Effectiveness of Family-Centered Education on Quality of Life and Readmission in Children with Nephrotic Syndrome. International Journal of Pediatrics. 2020 Jul 22</p> <p>12. Ghaljeh M, Rezaee N, Arbabisarjou A. Comparison of self-, peer, and teachers' evaluation about the clinical skills of nursing students at the department of psychiatry. J Edu Health Promot.2021</p> <p>13. Tayebbeh Sedghi, Mahnaz Ghaljeh .Hamed Faghihi and Hamed Sarani . The Effect of Auditory and Tactile Stimulation by a Family Member on the Level of Agitation in Patients with Traumatic Brain Injury and Decreased Consciousness: A Quasi-Experimental Study. Med Surg Nurs J. 2020 May; 9(2):e108844.</p>	<p>14. Ghaljeh M, Iranmanesh S, Nayeri ND, Targari B. Organizational challenges: A major obstacle at end of life care in Iran. Journal of Advances in Medicine and Medical Research. 2016 Jun 28:1-2.</p> <p>15. Ghaljeh M, Iranmanesh S, Nayeri ND, Targari B, Kalantarri B. Compassion and care at the end of life: oncology nurses' experiences in South-East Iran. International journal of palliative nursing. 2016 Dec 2;22(12):588-97.</p> <p>16. Ghaljeh M, Iranmanesh S, Nayeri ND, Targari B. Organizational challenges: A major obstacle at end of life care in Iran. Journal of Advances in Medicine and Medical Research. 2016 Jun 28:1-2.</p> <p>17. Sajad Salehipour, Mahnaz Ghaljeh. The Effect of Benson Relaxation Technique on Anxiety and Aggression in Patients with Thalassemia Major: a Clinical Trial Study..P J M H S.2021March;15(3): 753.</p> <p>18. Ghaljeh M, Rezaee N, Arbabisarjou A. Comparison of self-, peer, and teachers' evaluation about the clinical skills of nursing students at the department of psychiatry. J Edu Health Promot.2021</p> <p>19. Sajad Salehipour, Mahnaz Ghaljeh, Ali Navidian, Hamed Sarani. Impact of Continuous Care Model on the Quality of Life of Patients with Thalassemia Major: A Clinical Trial Study. Evidence Based Care Journal,2021. 10 (4): 59-66</p> <p>20. Mehdi Rezaei Nejad, Alia Jalalodini, Mahnaz Ghaljeh, Ali Navidian, Simim Sadeghi. The Effectiveness of Family- Centered Education on Quality of Life and Readmission in Children with Nephrotic Syndrome. Int J Pediatr, Vol.9, N.6, Serial No.90, Jun. 2021.</p>
<p>Work experience</p>	<p>Memberships</p>
<p>1988-1989 Nurse surgical ward (Kharam-Al-Anbia Hospital Iranshahr)</p> <p>1989- 1990 Nurse surgical ward (Kharam-Al-Anbia Hospital Zahedan)</p> <p>1990 Beginning the burn ward (Kharam-Al-Anbia</p>	<p>Member of Education Council School of Nursing & Midwifery.2009-4-28 to 2012-3-19.</p> <p>Member of Education Planning and Clinical Skills Committee School of Nursing & Midwifery, 2012-2-25 to 2013-3-18.</p>

<p>Hospital Zahedan)</p> <p>1990- 1999 Head Nurse burn ward (Kharam-Al-Anbia Hospital Zahedan)</p> <p>1998-2001 Nurse Medical ward (Ghaem Hospital Mashhad)</p> <p>2001- 2005 Educational Supervisor (Kharam-Al-Anbia Hospital Zahedan)</p> <p>2005- 2006 Collaborate on setting up a clinical skills center (<i>Zahedan University of Medical Sciences</i>. Iran)</p> <p>2006 till now Faculty member in Zahedan University of Medical Sciences (School of Nursing & Midwifery)</p> <p>2006- 2012 Manager clinical skills center (<i>Zahedan University of Medical Sciences</i>. Iran)</p> <p>2013 - 2017 Educational job</p> <p>2017 End of the educational job and start working in the School of Nursing in Zahedan University of Medical Sciences</p> <p>2019 till now- Manager clinical skills center (<i>Zahedan University of Medical Sciences</i>. Iran)</p> <p>2019 Beginning Skills and Professional Training Center (<i>Zahedan University of Medical Sciences</i>. Iran).</p> <p>2019 till now- Manager Skills and Professional Training Center (<i>Zahedan University of Medical Sciences</i>. Iran)</p> <p>2020 till now- Director of Nursing Management Group School of Nursing & Midwifery (<i>Zahedan University of Medical Sciences</i>. Iran)</p>	<p>Member of Studies Development Center (EDC) Committee, Zahedan University of Medical Sciences.2009 to 2012.</p> <p>Member of the Center Skills Center Clinical Skills Committee, Zahedan University of Medical Sciences. 2010-10-10 to 2013-2-22.</p> <p>Member of the Internal Evaluation Committee School of Nursing & Midwifery.2009-10-25 to 2013-2-22.</p> <p>Member of the Scientific Committee of the Student Olympiad(EDC),Zahedan University of Medical Sciences.2010.</p> <p>Member of the board of directors of Zahedan Nursing Organization . 2002-11-4 For 4 years.</p> <p>Member of Research Council, Zahedan University of Medical Sciences, 2017 up to now.</p> <p>Member of Community Nursing Research Center, Zahedan University of Medical Sciences, 2017 up to now.</p> <p>Member of Council of postgraduate studies, School of Nursing & Midwifery, 2020 up to now.</p> <p>Member of the editorial board of the journal of Jiroft University of Medical Sciences since 2917 until now</p>
<i>Personal skills and competences</i>	
<p>Planning & Teaching for workshop about Qualitative Research.</p>	<p>Holding clinical competency examinations</p> <p>Working with manikins in medical education</p>

<p>Working with software MAXqda</p> <p>Working with software SPSS</p> <p>Working with Endnote</p> <p>Planning & Teaching for workshop about qualitative proposal writing</p> <p>Computer Literacy (Words, windows, internet, power point, spss)</p>	<p>Planning & Teaching for workshop about Qualitative Research</p> <p>Planning for workshop training including CPR , ...</p> <p>Translating English in Persian</p> <p>Language ability: English</p>
<i>Honors / awards</i>	
<p>Lady selected by the Office of Women's Affairs of Zahedan University of Medical Sciences in 2010</p> <p>Selected and desirable university process in the field of educational planning. in the fourth Shahid Motahari Festival, 2011.</p> <p>Selected and desirable process in the field of evaluation and educational effectiveness in the fifth Shahid Motahari Festival , 2012</p> <p>Selection of the desired university process in the field of counseling and guidance in the sixth Shahid Motahari Festival, 2013.</p> <p>Appreciation from the Vice Chancellor for Treatment of Zahedan University of Medical Sciences on the occasion of cooperation in holding the first exhibition of nursing skills. 2002</p>	<p>Appreciation on the occasion of Teacher day, Zahedan University of Medical Sciences, 2009, 2012</p> <p>Appreciation from the Advisor to the Minister and the Head of the Office of Women's Affairs on the occasion of the implementation of the national plan to provide health assessment services for women heads of households.2011.</p> <p>Appreciation from the chief of the Nursing Organization of the Islamic Republic of Iran. 2005</p>
<i>Additional information</i>	
<p>Nursing clinical and teaching experience.</p>	<p>Experience working in burns, emergency, internal medicine, surgery, pediatrics, ICU. kidney transplantation.</p>