



Zahedan University of Medical Sciences

School of Nursing and Midwifery

Personal Information

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Research Interest:

- Qualitative Research
- Instrument Development
- Workplace Violence in Health Sector
- Health promotion and self-care
- Self-management in chronic disease

Education

Date	Degree	Institution	Location	Major
1994-1998	BSc	Zahedan University of Medical Sciences	Zahedan/Iran	Nursing
2000-2002	MSc	Tarbiat Modares University(TMU)	Tehran/Iran	Community Health Nursing
2010-2016	Ph.D	University of Social Welfare and Rehabilitation Sciences(USWR)	Tehran/Iran	Nursing

Thesis

Year	Degree	Title	Institution	Location
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2002	MSc	The effect of group counseling program with women on their spouses' involvement in family planning programs	TMU	Tehran/Iran
2010-2016	Ph.D	Development and psychometric properties of workplace violence against nurses' questionnaire	USWR	Tehran/Iran

Faculty Member

Year	Position	Duration	Institution	Location
2006-present	Faculty member	19 years	School of Nursing& Midwifery	Zahedan/Iran

Language Ability

-English

-Persian

Teaching Experience

BSc Students:

- Community Health Nursing1,2,3
- Research
- Anthropology & Sociology
- Public Health
- Patient Education

MSc Students:

- Nursing Research
- Nursing Theories
- Education to the Individual, Family and Community
- Health Care Systems
- Home Care
- Tele-Health
- Ethics, law and professional Relationship
- Health Promotion and Healthy Lifestyle
- Planning and Evaluation of Community Health Nursing Care
- Family Health Nursing
- Vulnerable Population Nursing
- Nursing and Health Economics
- Culture and Nursing
- Management and leadership in Community Health Nursing

Administrative Responsibilities

Year	Position	Institution/Journal	Location
2011-2014	Executive Director &Deputy Editor	Journal of Health Promotion Management	Tehran/Iran
2015-2017	Vice Chief Editor & Persian Language Editor	Medical-Surgical Nursing Journal	Zahedan/Iran
2016-2022	Head of Department	Community Health Nursing Department	Zahedan/Iran

Scientific Membership

2007- present	Committee Member	Research Committee	Zahedan/Iran
2003-present	Committee Member	Iranian Nursing Organization	Tehran/Iran
2010-present	Committee Member	Iranian Nursing Association	Tehran/Iran
2007-2009	Committee Member	Course Evaluation & students Committee	Zahedan/Iran
2016-present	Committee Member	Community Nursing Research Center	Zahedan/Iran
2017-present	Committee Member	Attract foreign students	Zahedan/Iran
2016-present	Committee Member	Council of Graduate Studies	Zahedan/Iran
2019-present	Committee Member	Medical Ethics	Zahedan/Iran
2020-present	Committee Member	Curriculum Evaluation	Zahedan/Iran
2020-present	Committee Member	Patient Education	Zahedan/Iran
2022-present	Committee Member	Accreditation and Internal Evaluation	Zahedan/Iran

Programs/Workshops

Year	Position	Duration	Course	Location
2007	Lecturer	2 days	Research Methods for Nursing students	Zahedan/Iran
2017-2018	Lecturer	one day	Patient Education	Zahedan/Iran
2007	Participant	2 days	“Search & End Note”	Zahedan/Iran
2007	Participant	2 days	“PBL”	Zahedan/Iran
2007	Participant	2 days	“SPSS”	Zahedan/Iran
2008	Participant	2 days	“OSCE”	Zahedan/Iran
2008	Participant	2 days	“EBM”	Zahedan/Iran
2008	Participant	2 days	“ Scientific Writing”	Zahedan/Iran
2010	Participant	2 days	“ Scientific Writing”	Tehran/Iran
2010	Participant	One day	“The role of IT in healthcare system”	Tehran/Iran
2010	Participant	One day	“Interview skills in Qualitative research”	Tehran/Iran
2011	Participant	6 days	“ Issues and Challenges in Qualitative Research”	Tehran/Iran
2012	Participant	3 days	“ Qualitative Research Methods”	Tehran/Iran
2012	Participant	2 days	“ Qualitative Analysis”	Tehran/Iran
2013	Participant	2 days	“ Instrument Development”	Tehran/Iran

2013	Participant	2 days	“ Mixed Methods Research”	Tehran/Iran
2013	Participant	2 days	“ Instrument development”	Tehran/Iran
2013	Participant	One day	“ Methods of Promoting Scientific Publications based on International Standards”	Tehran/Iran
2014	Participant	One day	DOI”	Tehran/Iran

Journal Reviewer/ Editorial Board

Year	Position	Journal Title	Location
2014-present	Editorial Board	Medical-Surgical Nursing Journal	Zahedan/Iran
2009	Reviewer	Zahedan Journal of Research in Medical Sciences	Zahedan/Iran
2014-present	Reviewer	Medical-Surgical Nursing Journal	Zahedan/Iran
2012-2014	Reviewer	Journal of Health Promotion Management	Tehran/Iran
2013-present	Reviewer	Journal of Evidence Based Care	Mashad/Iran
2016-now	Reviewer	Iranian Journal of Rehabilitation Research in Nursing	Tehran/Iran

Publications

Year	Journal Title	Article Title	Authors	Vol(Iss)
2003	Journal of Reproduction & Infertility	Effects of group counseling program with women on Knowledge, Attitude and Practice (KAP) of their husbands regarding family Planning in Zahedan Health Centers	Najafi F , Ghofranipour F, Rakhshani F, Kazemnejad A	4(1);47-54
2004	Journal of Reproduction & Infertility	Effect of group counseling program for women on spouse communication regarding family planning in Zahedan health care centers in 2002	Najafi F , Rakhshani F	5(4); 338-345
2006	Journal of Kermanshah University of Medical Sciences	Vasectomy: High school teachers Knowledge and attitude in Zahedan(2002)	Najafi F , Rakhshani F	10(2);138-148
2006	Journal of Medical Sciences	Increasing Men`s Knowledge, Attitude and Practice Regarding Family Planning Through Their Wives` Group Counseling in Zahedan, Iran	Najafi F , Rakhshani F	6(1);74-78
2008	Journal of Reproduction & Infertility	Determining regret rate following vasectomy and tubectomy in Zahedan and Zabol during 2006	Najafi F , Rakhshani F	8(4):345-351
2013	Journal of Strides in Development of Medical Education	The role of university social capital in facilitating clinical education in nursing	Gholami M, Hosseini M, Maddah S, Jafari N, Najafi F	10 (1) :119-123
2014	Journal of Qualitative Research in Health Sciences	Meta-synthesis of qualitative research in nursing: a literature review	Najafi F , Monjazei F, Nikpeyma N	2 (4) :320-335
2014	Journal of Health Promotion Management	Workplace violence against Iranian nurses: A systematic review	Najafi F , Fallahi-Khoshknab M, Dalvandi A, Ahamdi F, Rahgozar M	3(2);72-85

2015	Nursing and Midwifery Studies	Psychological violence in the health care settings in iran: a cross-sectional study	Masoud Fallahi -Khoshknab , Fatemeh Oskouie, Fereshteh Najafi , Nahid Ghazanfari , Zahra Tamizi, Hatam Ahmadvand	4(1);e2432-0
2015	International Journal of Community based Nursing and Midwifery	The Frequency, Contributing and Preventive Factors of Harassment towards Health Professionals in Iran.	Fallahi Khoshknab M, Oskouie F, Ghazanfari N, Najafi F , Tamizi Z, Afshani S, Azadi G.	3(3);156-64
2016	Iranian J Nursing Midwifery Res	Physical violence against health care workers: A nationwide study from Iran	Masoud Fallahi-Khoshknab, Fatemeh Oskouie, Fereshteh Najafi , Nahid Ghazanfari, Zahra Tamizi, Shahla Afshani	21(3);232-8
2017	Nursing and Health Sciences	Human dignity and professional reputation under threat: Iranian Nurses' experiences of workplace violence	Fereshteh Najafi , Masoud Fallahi-Khoshknab, Fazlollah Ahmadi, Asghar Dalvandi, Mehdi Rahgozar	19(1);44–50
2017	Research in Medical Education	The Efficacy of Logbook in Clinical Wards from the Viewpoints of Nursing Faculty Members and Students of Zahedan Nursing and Midwifery School	Najafi F , Kermansaravi F, Mirmortazavi M, Gheisaranpour H.	9 (3) :64-55
2018	Journal of Clinical Nursing	Antecedents and Consequences of Workplace Violence: a qualitative study	Fereshteh Najafi , Masoud Fallahi-Khoshknab, Fazlollah Ahmadi, Asghar Dalvandi, Mehdi Rahgozar	27(1-2) :e116-e128
2018	Nurse Education Today	Mutual benefits in academic-service partnership: An integrative review	Sadeghnezhad M, Heshmati Nabavi F, Najafi F , Kareshki H, Esmaily H.	68:78-85
2018	International Cardiovascular Research Journal	Psychometric Features of the Persian Version of Self-Efficacy Tool for Patients with Hypertension	Reza Ghanei Gheshlagh , Naser Parizad, Mahdie Ghaleenoe, Sahar Dalvand, Vajiheh Baghi, Fereshteh Najafi , Abbas Ebadi	12(2):50-56
2018	Shiraz E-Med J	The Prevalence of Workplace Violence Against Iranian Nurses: A Systematic Review and Meta - Analysis	Sahar Dalvand , Reza Ghanei Gheshlagh , Fereshteh Najafi , Hossein Zahednezhad ,Kourosh Sayehmiri	19(9):e65923
2018	Iranian Journal of Rehabilitation Research in Nursing	The Relationship between General Health and Quality of Work life of Nurses Working in Zahedan Teaching Hospitals	Fereshteh Najafi , Fatihe Kerman Saravi, Elmira Gangoozehi	4(2): 53-59
2018	Med Surg Nurs J	Coping Behaviors in Parents of Children with Thalassemia major	Fatihe Kermansaravi , Fereshteh Najafi · Somaye Rigi	7 (1); e81173
2018	Zahedan Journal of Research in Medical Sciences	Relationship of Internet addiction, Loneliness and Sleep Quality among the students of Nursing and Midwifery Faculty	Fereshteh Najafi, Fatihe Kerman Saravi , Ali Navidian, Sobhan Malek	20(10)
2020	Iranian Journal of Pediatric Nursing	The Effect of Clown therapy on depression of children with cancer undergoing chemotherapy	Asma Nikkhah-Bidokhti, Fereshteh Najafi , Fereshteh Ghaljaei	6(2)

2020	Iranian Journal of Pediatric Nursing	Effect of training on understanding the uncertainty and anxiety of mothers in children with febrile seizure in a hospital: A Quasi-experimental study	Zeinab Hossein rezaei, Fereshteh Ghaljaei, Fereshteh Najafi	6(3)
2021	Hayat	The effect of self-management-based discharge planning on treatment adherence in patients with heart failure	Fereshteh Najafi , Zahra Pishkar Mofrad, Erfan Ayubi, Rahimeh Hosseini	26(4)
2021	Evidence Based Care Journal	Effects of Hospital Clowning on Anxiety and Fatigue in Children with Cancer undergoing Chemotherapy	Asma Nikkhah-Beydokhti, Fereshteh Ghaljaei, Narjes khatoun Sadeghi, Fereshteh Najafi	10(4)
2023	Evidence Based Care Journal	The Effect of Self-management-based Discharge Planning on Anxiety, Depression, and Re-admission in Patients with Chronic Heart Failure	Rahimeh Hosseini, Zahra Pishkar Mofrad, Erfan Ayubi, Fereshteh Najafi	13(2)
2023	Med Surg Nurs J	Activities of Daily Living in Patients with Chronic Obstructive Pulmonary Disease: A Hybrid Concept Analysis	Fateme Monjazebi , Vahid Zamanzadeh, Fereshteh Najafi	12(2)

Presentations at Academic Conferences

Year	Conference/Seminar	Article Title	Location
2005	The 3 rd Congress of Nursing and Midwifery Care	Effects of group counseling program with women on Knowledge, Attitude and Practice (KAP) of their husbands regarding family Planning in Zahedan Health Centers	Tehran/Iran
2006	The 2 nd congress of health promotion, health education,	Effect of group counseling program for women on spouse communication regarding family planning in Zahedan health care centers in 2002	Zahedan/Iran
2008	National Conference on mother and Child health	Vasectomy: High school teachers Knowledge and attitude in Zahedan(2002)	Birjand/Iran
2008	National Conference on mother and Child health	Determining regret rate following vasectomy and tubectomy in Zahedan and Zabol during 2006	Birjand/Iran
2009	The 1 st Congress of Family Health from the Perspective of Islamic Religions	In vitro fertilization from the Sunni perspective	Zahedan/Iran
2009	The 1 st Congress of Family Health from the Perspective of Islamic Religions	Common beliefs on AIDS from viewpoints of Sunni clerics in Zahedan	Zahedan/Iran
2009	Healthy People Congress	AIDS prevention knowledge among Sunni clerics in Zahedan	Gorgan/Iran
2009	The 8 th International Congress on Obstetrics and Gynecology	A preliminary study on the effect of cold on hemorrhoid pain relief	Tehran/Iran
2011	The 12 th National Conference on Medical Education	Preceptorship, a suitable method in medical education	Mashhad/Iran
2011	The 12 th National Conference on Medical Education	Professional ethics education in medical sciences education	Mashhad/Iran
2012	The 1 st Congress on Universities' Health	The university as a learning organization: necessities and challenges.	Tehran/Iran

2012	The 1 st Congress on Universities' Health	University and productivity	Tehran/Iran
2012	The 1 st Congress on Universities' Health	The role of university social capital in facilitating clinical education in nursing	Tehran/Iran
2012	The Conference on nursing profession and professional nursing in the health system	Hospital at home: the structures of the nurse's role	Tehran/Iran
2012	The Conference on nursing profession and professional nursing in the health system	Economic evaluation of nursing care	Tehran/Iran
2012	The Conference on nursing profession and professional nursing in the health system	Nursing diagnosis and nursing theory: exploration of factors inhibiting and supporting simultaneous use	Tehran/Iran
2012	The Conference on nursing profession and professional nursing in the health system	Ethics teaching in Modern Nursing: Challenges and Solutions	Tehran/Iran
2012	The Conference on nursing profession and professional nursing in the health system	Novice nurses challenges in evidence based Practice environment	Tehran/Iran
2014	The 1 st International Nursing and Midwifery Congress on Health and Wellbeing	Workplace Violence against Iranian Nurses: A Systematic Review	Isfahan/Iran
2015	The 3 rd National Congress on Qualitative Research in Health Sciences	Nurses experiences regarding antecedents of workplace violence	Yasuj/Iran
2015	The 3 rd National Congress on Qualitative Research in Health Sciences	Workplace violence against nurses: a qualitative study	Yasuj/Iran

Master's thesis Supervision

Year	Title	Student
2017	The effect of educational program on perception of uncertainty and anxiety in mothers of children with febrile convulsion hospitalized in pediatric units of teaching hospitals, Zahedan. (Advisor)	Z. Hossein-Rezaei
2017	The effect of clown therapy on the level of anxiety and fatigue in children under chemotherapy hospitalized in pediatric units of teaching hospitals, Zahedan.(Supervisor)	A. Nikkhah
2019	The effect of self-management based discharge planning on adherence to treatment, anxiety, depression, and re-admission in patients with heart failure hospitalized in educational hospitals in Zahedan,2019.(Supervisor)	R. Hosseini
2019	The effect of Self-management program on fatigue, treatment adherence and sleep quality in hemodialysis patients in Zahedan educational hospitals, 2019. (Supervisor)	SH. Ghatani
2023	Evaluation of the effect of modified HELP protocol on delirium and functional status of the elderly hospitalized in the inpatient and surgical wards of Imam Ali Hospital in Zahedan in 2023(Advisor)	A.Mohammadi

Research Projects

Year	Title	Researchers
2005-2006	Determining regret rate following vasectomy and tubectomy in Zahedan and Zabol, 2006.	Main researcher
2012-2016	workplace violence against nurses: A sequential exploratory mixed method study	Co-worker

Honors and Awards

Year	Subject	Location
2016	Top graduate student in Ph.D	USWR
2002	Top graduate student in MSc	TMU
2000	Ranked second in the MSc entrance exam	Tehran/Iran
